

you may call us toll-free at 1-800-772-1213, or call your local Social Security off at (local number) . We can answer most questions over the phone. If you are deaf or hard of hearing, you can also write or visit any Social Security office. The office that serves your area is located at:

(Local office address)

If you do call or visit an office, please have this letter with you. It will help us answer your questions. Also, if you plan to visit an office, you may call ahead to make an appointment. This will help us serve you more quickly when you arrive at the office.

[Name]

Regional Commissioner